

# December 2017

Low Fat Milk Provided With Daily Meals

Monday

Tuesday

Wednesday

Thursday

Friday



1

**Shaved Turkey Sandwich**  
Tomato/Lettuce & Pickle  
Broccoli Raisin Salad  
Macaroni Salad  
Pineapple Tidbits

4

**Homestyle Lasagna**  
Garlic Bread  
Brussel Sprouts  
Pears



5

**Chicken Fajitas w/Breast meat**  
Fajita Vegetables  
Chuck Wagon Corn  
Spanish Rice  
Fruit Cocktail  
Flour Tortilla

6

**Chicken Tender/Gravy**  
Garlic Mashed Potatoes  
Turnip Greens  
Mandarin Oranges  
Wheat Roll

7

**Salisbury Steak**  
Diced Potatoes skin on  
English Peas  
Fruit Salad in Juice  
Wheat Roll



8

**Chicken Fried Steak**  
Mashed Potatoes  
Country Gravy  
Stewed Okra  
Seasoned Corn  
Pumpkin Square

11

**Chicken Rice Casserole**  
Black Eyed Peas  
Carrots  
Fruit Cocktail  
Wheat Roll

12

**Polish Sausage**  
Pinto Beans  
Coleslaw  
Peaches  
Cornbread



13

**Beef Stew**  
Turnip Greens  
Black Forest Parfait  
Cornbread

14

**Charbroiled Beef Patty W/ Peppers and Onions**  
Garlic Mashed Potatoes  
Beets  
Mandarin Oranges  
Wheat Roll

15

**Chicken & Noodle Casserole**  
English Peas  
Chuck Wagon Corn  
Applesauce  
Wheat Roll

18

**Taco Pie/Salad Topping**  
Pinto Beans  
Chuck Wagon Corn  
Imit. Peanut Butter Cup  
Corn Tortilla

19

**Cheeseburger**  
Potato Wedges  
Tomato Wedge Salad  
Melon Medley

20

**BBQ Beef/Sauce**  
Smothered Potatoes  
Pinto Beans  
Apricots  
Wheat Bun



21

**Baked Chicken Breast**  
Baked Potato / Sour Cream  
Margarine  
Peas  
Pineapple Tidbits  
Chocolate Pudding

22

**CENTER CLOSED CHRISTMAS HOLIDAY**



25



26

**Meatloaf/Tomato Sauce**  
Mashed Potatoes  
Winter Blend Vegetables  
Apple Fluff  
Wheat Roll

27

**Beef Enchiladas**  
Borracho Beans  
Spanish Rice  
Coleslaw  
Cornbread  
Apricots

28

**Beef Tips & Rice**  
Meadow Blend  
Vegetables/Corn  
Wheat Roll  
Chocolate Cake/Strawberries

29

**Roast Beef/Brown Gravy**  
Mashed Potatoes  
Sliced Carrots  
Waldorf Salad  
Sliced Whole Wheat Bread  
Banana Pudding