

# ❄️ JANUARY 2018 ❄️

*Low Fat Milk Provided With Daily Meals*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>  <b>Center Closed</b>	<b>2</b> <b>Chicken Fajita w/Breast Meat</b> Flour Tortilla Fajita Vegetables Chuck Wagon Corn Spanish Rice Fruit Cocktail	<b>3</b> <b>Shaved Turkey Sandwich</b> Tomato, Lettuce, Pickle Broccoli Raisin Salad Macaroni Salad Pineapple Tidbits 	<b>4</b> <b>Roast Pork</b> Sweet Potatoes Succotash Whole Wheat Roll Banana Pudding	<b>5</b> <b>Cheeseburger</b> Potato Wedges Tomato Wedge Salad Melon Medley
<b>8</b> <b>Beef, Macaroni &amp; Tomato Casserole</b> Lima Beans Fruit & Oatmeal Bar Wheat Roll 	<b>9</b> <b>Baked Chicken Breast</b> Baked Potato / Sour Cream Margarine Peas Pineapple Tidbits Chocolate Pudding	<b>10</b> <b>Sweet and Sour Pork</b> Fried Rice Mixed Vegetables Tossed Salad w/ Dressing Fruit Parfait	<b>11</b> <b>BBQ Beef Sandwich</b> Tater Tots Carrots & Zucchini Ambrosia 	<b>12</b> <b>Hot Dog on Bun</b> Mustard Baked Potato w/ Sour Cream Seasoned Broccoli Pineapple Gelatin
<b>15</b> <b>Centers Closed for Martin Luther King Jr. Day</b>	<b>16</b> <b>Taco Pie/ Salad Topping</b> Pinto Beans Chuck Wagon Corn Imit. Peanut Butter Cup Corn Tortilla 	<b>17</b> <b>Meatloaf/Tomato Sauce</b> Mashed Potatoes Winter Blend Vegetables Apple Fluff Wheat Roll	<b>18</b> <b>Baked Ziti/Meat Sauce</b> Mashed Sweet Potatoes Zucchini Squash Broccoli & Cauliflower Salad Sliced Whole Wheat Bread Peach-Apple Crisp	<b>19</b> <b>Beef Enchiladas</b> Borracho Beans Spanish Rice Coleslaw Cornbread Apricots 
<b>22</b> <b>Roast Turkey</b> Savory Bread Dressing Candied Sweet Potatoes Green Beans Pineapple Tidbits Wheat Roll	<b>23</b> <b>Baked Ham/Pineapple</b> Lima Beans Chuck Wagon Corn Chocolate Chip Cookie Wheat Roll	<b>24</b> <b>Beef Goulash</b> Navy Beans Broccoli Oatmeal Raisin Cookie Wheat Roll 	<b>25</b> <b>BBQ Chicken Thigh</b> Mashed Potatoes Carrot Raisin Salad Baked Apple Cornbread	<b>26</b> <b>King Ranch Casserole</b> (Tortilla in Recipe) Spanish Rice Pinto Beans Brownie Tortilla 
<b>29</b> <b>Salisbury Steak</b> Diced Potatoes skin on English Peas Fruit Salad in Juice Wheat Roll 	<b>30</b> <b>Spaghetti/Meat Sauce</b> Italian Vegetables Broccoli Autumn Jell-O Garlic Toast	<b>31</b> <b>Cheeseburger</b> Potato Wedges Tomato Wedge Salad Melon Medley		