





# ★ July 2017 ★

*Low Fat Milk Provided With Daily Meals*

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;"><b>3</b></p> <p><b>Chicken Spaghetti</b> Carrots Zucchini Bananas/Vanilla Pudding Wheat Bread</p>	<p style="text-align: right;"><b>4</b></p> <p style="text-align: center;"><b>Center Closed</b></p> 	<p style="text-align: right;"><b>5</b></p> <p><b>Meatloaf/Tomato Sauce</b> Mashed Potatoes Winter Blend Vegetables Apple Fluff Wheat Roll</p>	<p style="text-align: right;"><b>6</b></p> <p><b>Chicken Fried Steak</b> Cream Gravy Yellow Corn Turnip Greens Wheat Roll Apricots</p>	<p style="text-align: right;"><b>7</b></p> <p><b>Shaved Turkey Sandwich</b> Tomato/Lettuce &amp; Pickle Broccoli Raisin Salad Macaroni Salad Pineapple Tidbits</p>
<p style="text-align: right;"><b>10</b></p> <p><b>Beef Enchiladas</b> Borracho Beans Spanish Rice Coleslaw Cornbread Apricots</p> 	<p style="text-align: right;"><b>11</b></p> <p><b>Chicken Fajitas/w Breast Meat</b> Fajita Vegetables Chuck Wagon Corn Spanish Rice Fruit Cocktail Flour Tortilla</p>	<p style="text-align: right;"><b>12</b></p> <p><b>Beef, Macaroni &amp; Tomato Casserole</b> Lima Beans Fruit &amp; Oatmeal Bar Wheat Roll</p>	<p style="text-align: right;"><b>13</b></p> <p><b>Baked Fish</b> Scandia/ Lemon Red Potatoes Coleslaw w/ Apple Peach Shortcake Cornbread</p>	<p style="text-align: right;"><b>14</b></p> <p><b>Pork Chop</b> Black-Eye Peas Spinach Baked Apple Slices Cornbread</p>
<p style="text-align: right;"><b>17</b></p> <p><b>Roast Turkey</b> Savory Bread Dressing Candied Sweet Potatoes Green Beans Pineapple Tidbits Wheat Roll</p>	<p style="text-align: right;"><b>18</b></p> <p><b>Baked Ham/Pineapple</b> Lima Beans Chuck Wagon Corn Chocolate Chip Cookie Wheat Roll</p>	<p style="text-align: right;"><b>19</b></p> <p><b>Beef Goulash</b> Navy Beans Broccoli Oatmeal Raisin Cookie Wheat Dinner Roll</p>	<p style="text-align: right;"><b>20</b></p> <p><b>BBQ Chicken Thigh</b> Mashed Potatoes Carrot Raisin Salad Baked Apple Cornbread</p>	<p style="text-align: right;"><b>21</b></p> <p><b>King Ranch Casserole</b> (Tortilla in recipe) Spanish Rice Pinto Beans Brownie</p> 
<p style="text-align: right;"><b>24</b></p> <p><b>Sloppy Joe On Bun</b> Country Potato Salad Carrots &amp; Zucchini Creamy Fruit Square</p>	<p style="text-align: right;"><b>25</b></p> <p><b>Baked Chicken &amp; Dumplings</b> Whole Wheat Roll/Butter Peas Tossed Salad w/ Dressing Winter Fruit Cup</p>	<p style="text-align: right;"><b>26</b></p> <p><b>Salisbury Steak</b> Diced Potatoes English Peas Fruit Salad in Juice Wheat Roll</p>	<p style="text-align: right;"><b>27</b></p> <p><b>Cheeseburger</b> Potato Wedges Tomato Wedge Salad Melon Medley</p>	<p style="text-align: right;"><b>28</b></p> <p><b>Homestyle Lasagna</b> Garlic Bread Brussel Sprouts Pears</p>
<p style="text-align: right;"><b>31</b></p> <p><b>Chicken Fried Steak</b> Mashed Potatoes Country Gravy Stewed Okra Seasoned Corn Pumpkin Square</p>	 <span style="font-size: 2em; font-family: cursive;">Happy 4th Of</span> 